



9th October 2023

Dear Parent(s) and Carer(s)

Year 9 Drop Down Day - The Jack Petchey Spark Programme

We are pleased to inform you that our Year 9 students will soon be taking part in an exciting new programme, funded by the Jack Petchey Foundation, and being piloted in a number of London and Essex schools by BTS Spark. The programme has been designed to build young people's resilience and resourcefulness and to help them to successfully navigate and manage the challenges and pressures of their secondary school years and transition to adulthood.

The Spark Programme will help students to understand and experience how mindset affects our ability to be at our best, to achieve our goals and overcome problems and our relationships with others. It will give young people a range of tools and insights to help them to be at their best more of the time, even when facing new and challenging situations.

Students will participate in a full day workshop, in their form groups, in school on Wednesday 11th October 2023. The workshops will be delivered by experienced BTS Spark facilitators supported by school staff. Our form tutors will also deliver a number of short follow-up activities in form time over the coming months to support students in putting their workshop learning into practice.

BTS Spark specialises in working with schools and is the not-for-profit education practice within BTS, a global strategy and leadership development company.

We will be taking a few photographs of the groups participating in the workshop for our own publications, and to share with BTS Spark and the Jack Petchey Foundation to use on their own websites and in their own programme materials. Please be aware that they may use our pictures for online/social media. If you do not consent for this, please email me at edownham@woodcotehigh.org.uk to let me know. If the school already has a record of this, it is not necessary to email me.

Yours faithfully

Mr Downham
Head of Year 9



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