



31st January 2024

Dear Parent/Carer(s)

RE: Year 10 (PHSCE drop down day) Daniel Spargo Mabbs Foundation

On Tuesday 6th February 2024, a team from The Daniel Spargo-Mabbs Foundation will be speaking to our year 10 students. The students will have a 9:00am start on this day.

The Daniel Spargo-Mabbs Foundation is a drug and alcohol education charity set up by Fiona and Tim Spargo-Mabbs in 2014 after the tragic death of their 16-year-old son Daniel as a result of taking ecstasy. The aim of the charity is to support young people to make safer choices about drugs, and the Foundation is now working with students, teachers, parents/carers and professionals in around 350 schools, colleges and community organisations across London and increasingly further afield too.

The Foundation speakers will be telling Dan's story and covering the following:

- The effects and risks of drugs and alcohol
- Factors that affect their decisions about drugs and alcohol, including teenage brain development and the role of peer influence
- Drugs and the law
- Practical strategies to help young people stay safe

The day will consist of presentations, talks and workshops. Your child will be expected in school by 9.00am. The day will finish as normal at 3:05pm. Full school uniform will be expected as there is no PE / Sports Studies lessons scheduled for the day. The students will complete activities in their form groups in the rooms indicated below:

10D	MU1
10E	MU2
10F	RM14
10G	RM15
10W	RM16
10X	rm17
10Y	RM18
10Z	RM23

If you would like to find out more about the DSM Foundation, please visit www.dsmfoundation.org.uk, where there is information for parents and carers. Or alternatively, should you have any concerns regarding the content, please do not hesitate to contact me directly.

Finally, please ask your child about the talk and what they heard and learned. It is a great opportunity for an important ongoing conversation.

Yours faithfully

Ms Foley
Head of Year 10
bfoley@woodcotehigh.org.uk

Mr Deale
Assistant Principal
rdeale@woodcotehigh.org.uk



The Collegiate Trust
Exceptional Education for All